

What is a Co-op?

A Co-op is a special type of business based on the idea of cooperation --- people joining forces to accomplish something they couldn't do alone. A cooperative business is voluntarily owned and controlled by the people who use it, it's members, and operates solely for their benefit. Cooperatives are found worldwide and provide services such as health care, housing, child care, utilities, banking, financing, insurance coverage and foods.



stronger together

Good Food - Healthy Food

Quincy Natural Foods Co-op.
Experience the Co-op Advantage.

Fresh, wholesome, delicious food - that's what we're all about. Uncovering fresh sources, ensuring quality, immersing ourselves in knowledge and sharing our expertise - that's what we do. Committed, passionate, enthusiastic - that's who we are.

When you become a Member... You become an Owner!



Our Mission ~



Quincy Natural Foods is a consumer owned cooperative that provides our community with high quality, affordable foods and products, while supporting organic, sustainable agriculture and promoting health awareness.

We Own It!



QNFC began as a small buying club in 1978, offering only dry bulk goods. After opening to the public in 1981, the Co-op has slowly expanded its inventory and, over the years, membership has grown in response. Today we serve our 1,000 plus membership and the public 7 days a week. We welcome new members to join us in our enthusiasm and dedication to natural, organic products and great-tasting, fresh, local fare.



269 Main Street
Quincy, California 95971
Monday - Saturday 7am - 8pm
Sunday - 9am - 7pm
530-283-3528



check out our website at
www.qnfc.coop
and find us on facebook

As a QNF Co-op member you

● Help to sustain a locally owned business.

When you join the Co-op your investment is used to upgrade equipment, maintain the facilities, and for capital improvement projects. Plus, every dollar spent at the Co-op has roughly three times as much local economic impact as a dollar spent at a non-locally owned business.

● Guide the future of the Co-op

As a member of the Co-op you have a voice in the future of our store, through a democratic voting process and participation.

● Invest in your future

The Co-op supports and patronizes businesses and food producers that are committed to stewardship, sustainability, quality, excellence and overall planetary health. Together we can build a healthier legacy for our families.

● Enjoy these benefits

- Member pricing when you shop with your card.
- Greater discounts on items pre-ordered in case quantities.
- The Co-op's quarterly newsletter.
- Member pricing on all classes.
- An invitation to our annual meeting and Breakfast with the Board.
- Member Appreciation Day discounts.
- The opportunity to run for a position on the Board of Directors.
- Vote in Co-op elections.
- Being an owner of the coolest business in Quincy!



● Quincy Natural Foods Co-op:

- Organic Plumas County produce.
- Local grass-fed meats.
- Organic deli items made on-site daily by American Valley Baking Co.
- Homemade artisan breads baked on-site by American Valley Baking Co.
- High quality wellness products.
- Classes on a wide variety of health and food related topics.

Membership

It makes good food even better. When you become a member of Quincy Natural Foods Co-op, not only will you enjoy member benefits, you'll own a piece of the business. As a member/owner you support our mission to support local, organic & sustainable agriculture. We're in this together so when you benefit, we all benefit.

Get on board! ●

As parts of our world move more and more towards large, corporate ownership, locally owned cooperatives offer an alternative to business as usual. Joining a co-op like QNFC gives you the opportunity to help build a business that operates with concern for and commitment to its community and its users' interests. It also offers ownership and control to anyone interested in being involved through a democratic voting system.

Join in! It's easy and, as a cooperative, QNFC member/owners pool their resources for mutual gain. Investing equity in Quincy Natural Foods Co-op is your way of contributing in the store. It's a simple way to make an investment in your health and the health of your community.

Membership is as ● easy as 1-2-3...

1. Complete a member/owner application form and pay at least \$20.00 of your Fair Share Member Equity of \$300.00.
2. In order to remain active, member/owners contribute a minimum of \$20.00 annually until they reach the \$300.00 Fair Share requirement. Share Equity payments can be made at any of our registers and are fully redeemable should you decide to withdraw member/ownership.
3. Start shopping!
Please be sure to show your membership card at the register.